## *Free Recipes* for your pleasure

Espresso is several things all at once. It is a unique method of coffee brewing of fine ground beans roasted darker brown than the American roast "good for the soul" Yet, people are as numerous as they are diverse and therefore the following should only be used as a guide while experimenting with other variations to meet the consumers needs:



Cappuccino (Italian)	A mix of an equal amount of espresso and steamed milk, served in a demitasse cup topped with rich, thick milk foam.
Cappuccino (American)	Espresso, mixed with rich steamed milk and foam.
Café Latte	Espresso, mixed with rich steamed milk and topped with milk foam poured down the middle.
Café Mocha	Espresso, rich sweet gourmet chocolate mixed with steamed milk and topped with whipped cream.
Americano	A mix of espresso and hot water.
Espresso	A single shot of espresso (1 oz. to 1-1/2 oz.) served in a demitasse cup with sugar on the side.
Espresso Romano	Espresso served with a twist of thin slice of lemon.
Espresso Macchiato	Espresso, marked(macchiato) with a small amount of milk foam.
Espresso Con Panna	Espresso with whip cream on top.
Café Breve	Same as latte, except with half and half milk.
Ristretto	Restricted: 3/4 oz. espresso.
Lungo	Long: 1-1/2 oz. to 2-1/4 oz. espresso.
Doppio	Double: 2 to 3 oz. espresso using a double filter.
Iced Latte	Ice, milk and espresso poured on top.
Iced Mocha	Ice, milk mixed with sweet gourmet chocolate, espresso and whipped cream on top.
Iced Breve	Ice, approximately 2 oz. of Italian flavor and seltzer, whipped cream optional.
Italian Crème Soda	Same as above, plus 1/2 oz. half and half
Flavored Steamers	Steamed milk with 1 oz. to 2 oz. flavor.
Hot Chocolate	Sweet gourmet chocolate with steamed milk and topped with whipped cream.